

Welcome

- First-time guest
  - Second-time guest
  - Regular attender
  - College student
- I heard about Fifth... check all that apply:
- From a friend/family
  - Online/Social Media
  - Walk-In

Ages: \_\_\_\_\_

Apt. \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Cell  Home

Name: \_\_\_\_\_

E-mail: \_\_\_\_\_

Children: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Best Contact Phone: \_\_\_\_\_

This is updated contact information.

## Order of Worship

This Lenten season we gather in silence.

- Come to Me (Psalm 118:28-29) (W. Kimbrough)
- Call to Worship (Psalm 27, 37) Jennifer Holberg
- \*Rejoice (Getty et al)
- \*Psalm 62 (Sandra McCracken)
- \*Slow Me Down (The Porter's Gate)
- Prayers of Confession Jennifer Holberg
- Assurance: "How Can it Be?" Anna Paetschow  
(arr. The worship Initiative) Julia Gidley, Worship Team
- Sharing Christ's Peace Sam Eldersveld  
(Kids, Kdg-5th grade are invited to continue worship upstairs and in Rm 103)
- Prayers of the People
- Offertory Randy Wolthuis
- "Not Just a Day Off" Jon Sherrill  
Last in Series: Rediscovering Sabbath  
Text: Isaiah 58:1-5, 13-14 Jennifer Holberg
- Response Time
- \*We Will Feast in the House of Zion (S. McCracken)
- \*Benediction & Postlude
- \*You are invited to stand, if you are able

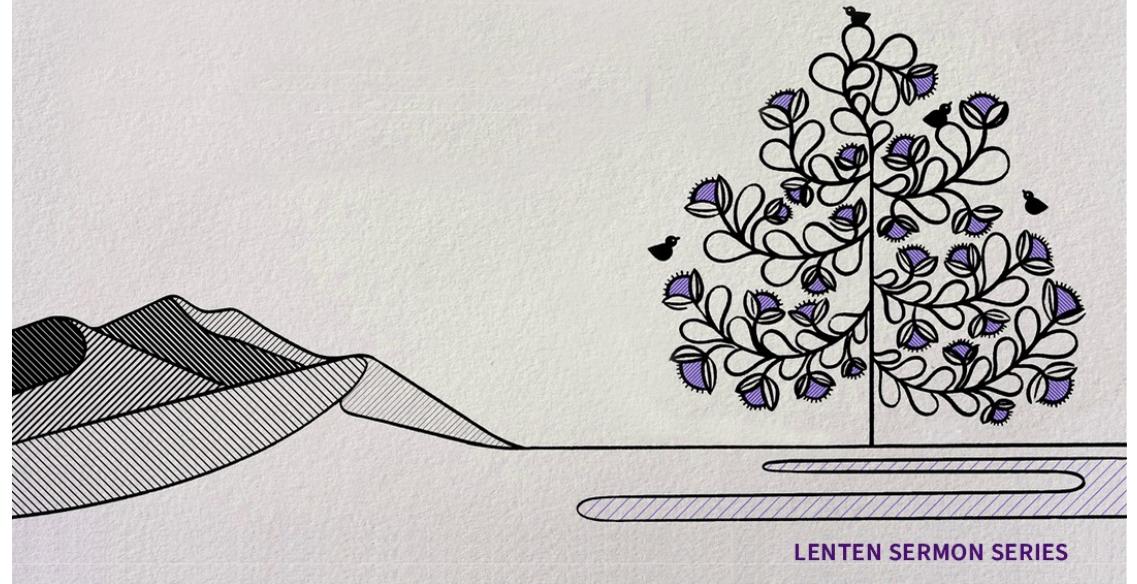
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Website: [www.fifthchurch.org](http://www.fifthchurch.org)  
Guest Wi-Fi Password: welcome2fifth



# Rediscovering Sabbath

## A Invitation to Counter-Cultural Practice



LENTEN SERMON SERIES

March 15, 2026  
Fourth Sunday of Lent

## WELCOME

Every journey begins with the first step, and we are thankful you have chosen the step of coming to Fifth Church. We are a community of faith, centered on the resurrection of Jesus and the new life God offers us in Christ.

We are a multi-generational community, and we celebrate that fact. No matter where you are on life's journey, you are welcome here. If you believe in God some of the time, none of the time or all of the time, you are welcome here. If your skin is brown, black, white or any other color, you are welcome here. If you are married or single, rich or poor, happy or sad... you are welcome here.

We invite you to join us in becoming followers of Jesus – learning to live and lead like Jesus. And when you feel ready, take the next step of getting connected.

~ Pastor Jon Sherrill

## Getting Connected

When you complete a Connection Card either the physical version attached here, or the digital version through our church app, someone from the church will contact you to welcome you and begin a conversation about any questions you might have.

## Download our Church Center App

To get started with the app on your mobile device: Download it from the App Store, or Get It On Google Play. Once installed, open the app and search for "Fifth Reformed Church." If you're using a computer, simply visit: Church Center Online. All of these options are available on the homepage of the church website.

## TODAY

We continue our Lenten series titled *Rediscovering Sabbath*. The Hebrew word "shabbat" means "to stop." In many ways, Sabbath is about stopping... our striving and our scurrying. It's the most powerful tool in our toolkit for pursuing the "ruthless elimination of hurry" (John Mark Comer). And yet, Sabbath is not just a day off. Sabbath is designed to "deliver us on to delight" in the Lord (Dan Allender). It's time set aside to "gaze on the beauty of the Lord" (Psalm 27:4).

\*Note: During the season of Lent, we ask you to enter the worship spaces in silence.

### Early Childhood | Infant - Age 3

Please register at the check-in desk before worship. Children go to Room 101 by 10AM.

### Preschool | 3—Pre-K

Please register at the check-in desk before 10AM. Children go to Room 102 by 10AM. Please pick up your children immediately following worship.

### Fifth Kids | Kindergarten - 5th Grade

Children, K-5th grade, begin worship in the Sanctuary this morning. From there, they are invited to Fifth Kids. K-3rd graders meet in Rm. 201; 4-5th, Rm 103

### Student Ministries

Middle and high school students are invited to large group tonight at 6PM in the church lobby. A meal is provided and friends are welcome!

### New Member Luncheon | TODAY | 11:15AM

### College Age Connection | Mar. 22

All college-age persons are invited for lunch after worship next week. No need to sign up.

## NEWS & UPDATES

### Wednesdays @ Fifth - Mar. 18

- King's Kids & Friends Musical Rehearsal 5:00-6:00PM (1st grade & older invited)
- Community Meal 5:45-6:30PM
- GEMS/K-Quest 6:20PM-7:45PM
- Sabbath Book Study/Lenten Choir Rehearsal/VBS Decoration Making 6:30PM

### Elizabeth/Ruth Circle | Mar. 17 | 9:30AM

Chapters 16 & 17 with Pastor Brian Telzerow.

### Lent Celebration Choir Rehearsals

Rehearsals: Mar. 18, 25, 6:30PM (7th grade-adult)  
Contact: jlange@fifthrc.org or just show up!

### Rainforest Falls VBS | July 20-23

6th Graders-Adult: please check out the QR Code to see the opportunities to volunteer. (Participant registration opens Apr. 1.)



### Worship Arts Ministry

Looking for musicians and singers to lead worship with the Team. Please contact Jenna, jlange@fifthrc.org, for an audition/conversation or use the Connection Card to express interest. Age 12 & up.

### Membership Seminar | Mar. 21 | 9AM

This event is for you if you'd like to learn more about Fifth or to find out what membership is all about.

## SAVE THE DATE

- King's Kids Musical: "Life of the Party" | Mar. 22 | 10AM
- Holy Week Services of Reflection & Communion M-W, Mar, 30, 31 and Apr. 1 | 7:00-7:30PM
- Maudy Thursday Worship Apr. 2 | 7:00-8:00PM
- Mexico Mission Trip Fundraiser Dinner | Apr. 13
- Mexico Mission Trip Fundraiser Lunch | Apr. 19
- Rainforest Falls VBS | July 20-23 | 9AM-Noon

## CONNECTION CARD

Please list your name on the reverse side and place in the offering basket.

- I would be interested in **Baptism** for myself or my child/ren on Apr. 5.
- I am interested in **Membership** at Fifth.
- I am interested in **leading music** at Fifth with the worship team. (All vocals and instruments welcome and needed)
- I would like to receive **Fifth's eNews** at this email address:

## PRAYER REQUESTS

- Share with Prayer Team Only
- Share with Whole Congregation

\*To request prayers directly, please email prayer@fifthrc.org

### Ministry Staff:

Sam Eldersveld, Community Life Pastor  
Paul Kortenhoven, Senior Adult Ministries  
Janna Lange, Worship Arts Director  
Nathan Longfield, Woodland Drive-In Pastor  
Lindsey Lugo, Children's Ministries Director  
Jon Sherrill, Lead Pastor  
Brian Telzerow, Connections Pastor  
Nichole Wilson, Children's Ministries Assistant

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March 15, 2026